



INTERNATIONAL TRAINING COURSES AVAILABLE IN CESSNOCK

Sue Crosdale A.T.M.S.; A.K.A

CESSNOCK NATURAL BALANCE CENTRE

Winner of the Lower Hunter B.E.C. Business excellence awards for Health Services

Venue: Held at the Dolphin Healing & Training Community College, in the grounds of Calvary Retirement Community
Address: 19 wine Country Drive, Cessnock.
Date: Please call for dates and times

☉ Neuro-Linguistic Kinesiology

Using Kinesiology you can facilitate effective stress release and effortless change for common every day problems – stress release, development in career, relationships, prosperity & communication, increased energy, health and more. Detect food intolerances easily using muscle testing.

Muscle testing is an easy, non-invasive natural method of receiving a yes/no answer from your body. Muscle testing can indicate where stress is held and how to release the stress with the best correction. Muscle testing is the basis of all kinesiology.

☉ Touch For Health

Touch For Health is a home health care system that can be taught to the community members. Use it to help family and friends to release stress, ease pain, detect allergies and food intolerances and for general well being.

Learn a variety of muscle tests – a specific muscle test for stomach, spleen, small intestine, kidney and 38 more.

☉ Workshop For Parents, Carers and Teachers (using kinesiology for kids)

This is a short workshop that will empower parents and teachers to help children with learning, stress release techniques, mental fitness exercises and more. Special: ½ price in January 2007 for those on school holidays. Learn the basics of Kinesiology.

☉ Thetahealing

Come along to this 3 day workshop to learn and experience how to reach a Theta brain Wave state in seconds. It is from this state that you are connected with the Creative Source of Universal Energy that will enable you to facilitate incredible change in any area of your life! If you have a belief program of 'I am unworthy to receiving' and it is found on many levels then changing this changes you. You will be taught how to change these programs and beliefs for the highest good and do it in moments. This class is 75% hands on. Have your DNA Youth and Vitality activated, learn to body scan and send healings, Enjoy a manifesting technique, Go to the higher self and much more.

What are genetic Programs? E.g. Not only did you inherit Grandma's eyes but maybe her stubbornness! You can change this too. Pre-requisite is to read Vianna Stibal's books, Go Up and Seek God and Go Up and Work With God. Receive these once deposit is paid.

☉ Advanced Thetahealing

Learn about the seven planes of existence. The nature of life is energy. The Planes of Existence are the dance and the circle of this energy, which never stops, but just takes other forms. The objective is to become balanced on every plane through the Seventh Plane.