



**SUZANNE CROSDALE**  
*Kinesiologist*  
**CESSNOCK NATURAL BALANCE CENTRE**

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**NEURO-LINGUISTIC KINESIOLOGY**  
**Course Overview**

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<b>NLK 1</b>	<b>LINKS TO LEARNING &amp; PERFORMANCE</b>	<b>(total 20Hr)</b>
<b>NLK 2</b>	<b>LINKS TO COMMUNICATION</b>	<b>(total 20Hr)</b>
<b>NLK 3</b>	<b>LINKS TO PERSONAL DEVELOPMENT</b>	<b>(total 40Hr)</b>
<b>NLK 4</b>	<b>LINKS TO ADDICTIVE BEHAVIOUR</b>	<b>(total 20Hr)</b>
<b>NLK 5</b>	<b>LINKS TO VISION IMPROVEMENT</b>	<b>(total 40Hr)</b>
<b>NLK 6</b>	<b>LINKS TO BODYWORK</b>	<b>(total 40Hr)</b>

Neuro-Linguistic Kinesiology has a unique approach to change work. It is easy to learn and the programme is a dynamic personal development experience as well as a way of qualifying as a Kinesiology practitioner and instructor. Manuals are written in an easy format. Your fees cover most course material. An optional comprehensive workbook you complete at home is available for \$110.00 and can be ordered by the student and paid in advance – this will entitle you to an additional 60 accredited hours of kinesiology training that is not face-to face.

A certificate is awarded at the end of each level with a practitioner certificate after level 6 **when all requirements are met.**

**YOU START MUSCLE TESTING AND BALANCING FROM NLK 1.**

Kinesiology is one of the fastest growing natural therapies in the world. Its effects can often be felt immediately. As you learn and use NLK you will heal many old issues from your past and will experience positive personal growth in your life.

Today, more than ever, people are turning to natural therapies for healing. You will have the skills to help yourself, your family and your friends. You can choose to become a registered practitioner with the Australian Kinesiology Association when you have enough hours of training in the modalities of Kinesiology.

Congratulations on choosing NLK to start your journey.

For more information phone now - **Sue Crosdale 02-4991 1817**

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