



SUZANNE CROSDALE
Kinesiologist
CESSNOCK NATURAL BALANCE CENTRE

Dear Friend

Thank you for your enquiry regarding my classes in Neuro-Linguistic Kinesiology. Classes are held in Cessnock and are taught in 20 hour blocks and the cost of each 20 hour block is \$385.00. Some levels are 40 hours in total so cost for these is \$770.00 (taught in part A = 20 hours and part B = 20 hours). Classes will be running as arranged with you on week days where possible.

I know that when you include Neuro-Linguistic Kinesiology into your life, you will find that many things change for you in a positive way. Throughout the entire course of 180 hours you are having balances that will work on letting go of past events and emotions that are holding you back now. You replace what you don't want or like with everything that you do want in your life. Do you desire more happiness, peace, relaxation and confidence? You will also find you start and make better choices for yourself and your family while learning skills to help yourself, your family, friends and others. *"As you change those around you change."*

Additionally you can become a kinesiology practitioner and/or instructor. These course hours can go towards the hours needed to become a registered kinesiologist with the Australian Kinesiology Association.

I look forward to answering any questions you have and receiving your deposit so a manual can be ordered and sharing with you a wonderful and exciting therapy that can't help but change those it touches. Do not hesitate to phone or email me with any questions.

Warm regards

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