



SUZANNE CROSDALE
Kinesiologist
CESSNOCK NATURAL BALANCE CENTRE

NEURO-LINGUISTIC KINESIOLOGY
International Training Programme
Level 1 – Links To Learning & Performance

Neuro-Linguistic Kinesiology present techniques and life skills which encourage greater health and personal effectiveness with a focus on measurable and achievable outcomes which are realistic and practical. It has a unique approach to change work. It is easy to learn and the programme is a dynamic personal development experience as well as a way of qualifying as a Kinesiology practitioner.

NLK can be the place you start to change the things that aren't working for you now. "For things to change first I must change."

NLK 1 assists with improved learning and performance in the classroom and home. Learn all the mental fitness exercises that are unique to NLK. Learn accurate muscle testing on another person and accurate self muscle testing. Learn the basics for doing an NLK balance, and specific corrections from Neuro-Linguistic Programming – sub modalities, association and dis-association. This level includes 2 easy stress release techniques you can use anywhere on yourself or others. This level is jam packed!

VENUE

Dolphin Healing & Training Community College, 19 Wine Country Drive, CESSNOCK 2325
Phone Reception 4991 1100 Phone Sue Crosdale – 4991 1817

INVESTMENT

385.00.

Payment is in 2 installments - \$192.50 deposit on registration – this is required at least 7 days prior to class commencing to confirm your place in the class. Balance of \$192.50 on commencement of the first day of class. (Please advise if you require a different payment arrangement). Your investment covers most course material (with an optional workbook available during any of the NLK courses and which covers all levels, copy available upon request and payment of \$110.00).

Compulsory requirements for your learning - BRING with you writing materials, coloured textas for copying flip charts, folders with plastic sleeves, own morning tea and lunch. Tea/coffee/water supplied. Wear comfortable clothes.

PAYMENT PLAN

A payment plan option is available. For further details please ask for a brochure or download it from my website at <http://www.cessnocknaturalbalancecentre.com.au/downloads.html>.